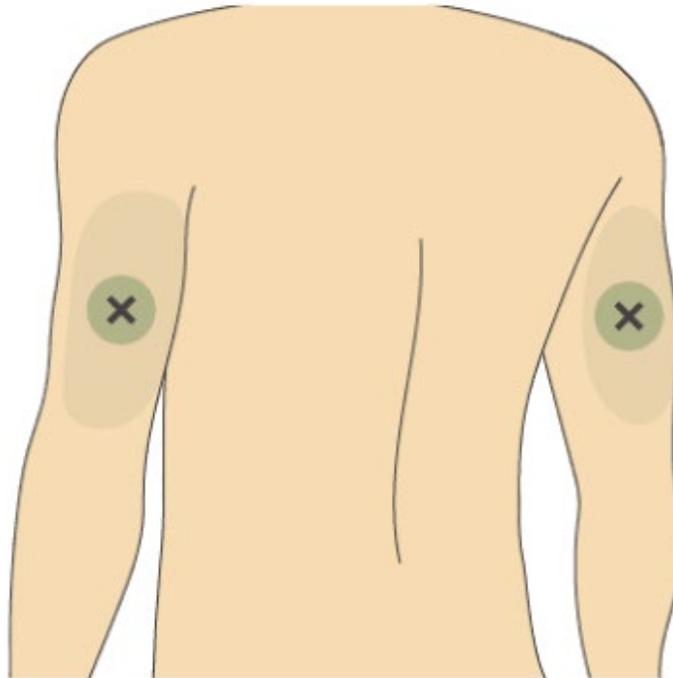
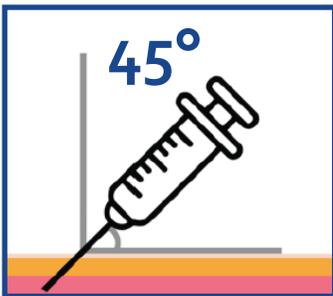


LATERAL ASPECT OF UPPER ARM SUBCUTANEOUS



Posterior View



Injection angle: 45°
Max volume: 1.5 mL

Steps to find the injection site:

1. Standing slightly behind the patient, choose a spot in the area halfway between the shoulder and the elbow (at least 3 inches below the shoulder and 3 inches above the elbow) on the side or back of the arm.
2. Pinch a 2-inch fold of the skin (to pull the adipose tissue up from the muscle) before and during the injection. This helps the medication go into the subcutaneous tissue and not the deeper muscle.
3. Note: This injection site should not be confused with a deltoid intramuscular injection.