

**Clozapine Monitoring Protocol: Sample**

	Baseline	During Initiation	Month 3	Month 6	Annual	As Needed
Physical exam					X	
Vital signs: pulse, BP sitting & standing, Temperature	X	weekly for 8 weeks			X	
Weight, Body Mass Index	X	weekly for 4 weeks, then monthly for 6 months			X	
CBC with differential, ANC (see REMS protocol for schedule)	X	weekly for 6 months, then biweekly for 6 months, then every 4 weeks			X	
Comprehensive metabolic panel	X			X	X	
Lipid panel (non-fasting)	X		X	X	X	
HgA1c or fasting blood glucose	X		X	X	X	
Troponins (I & T) and C-reactive protein (CRP)	X	weekly for 8 weeks				X
Pregnancy test, urine (females under 50)	X					X
Clozapine level						X
EKG						X
Diet/exercise assessment and education	X					X
Review medications and substance use (smoking, coffee, drugs, OTC, med interactions)	X					X
Bowel health assessment, constipation	X	weekly until dose is stable				X
Past medical history, including cardiac, seizure, bladder, bowel, glaucoma	X					X